

A winter foot race with fun obstacles for all kids ages 7-17.

#### SWEAT Rx - A CHALLENGE TO SWEAT OUTSIDE THIS WINTER

NAME

#### **PEDIATRICIANS AGREE: The Kidarod is good medicine**

# **SATURDAY, FEBRUARY 25**

FISH LAKE REGIONAL PARK, MAPLE GROVE

AFTERNOON RACING

**STARTING AT 2PM** 

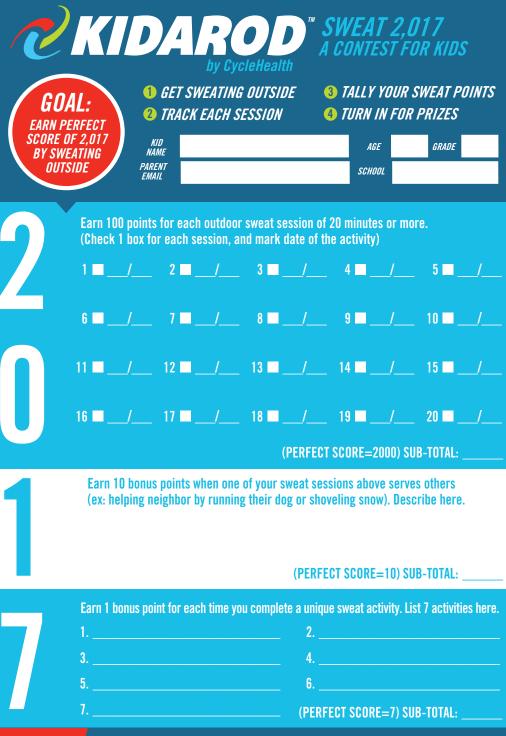
ThreeRivers HOST PARTNER

NIGHTTIME GLOW RACING 
STARTING AT 6PM

# YOU CAN DO IT! HERE'S HOW:

ENTER THE RACE Register at cyclehealth.org 2 GET SWEATING See back for 2,017 SWEAT contest

### CUSTOM BEANIES • PRIZES • HUSKY SLED RIDES cyclehealth.org



Add your points and turn in at Kidarod to be entered into prize drawings. Invite friends to join you. Download extra forms at cyclehealth.org.

PRIZESI

TOTAL 3 SECTIONS ABOVE (PERFECT SCORE 2,017)